

The Twelve Biochemic Cell Salts

BIOCHEMIC CELL SALT	DESCRIPTION	BOLDILY PARTS AFFECTED	FUNCTION	DEFICIENCY SYMPTOMS
CALC FLUOR #1	Calcareo fluorata (Fluoride of Lime)	Bones, elastic tissues, veins, arteries, teeth, joints	Gives tissues the quality of elasticity, preserves contractive power of elastic tissues	Cracks in the skin, a loss of elasticity, relaxed condition of the veins and arteries, piles, sluggish circulation, loose teeth
CALC PHOS #2	Calcareo phosphorica (Phosphate of Lime)	Bones, muscles, nerves, brain, connective tissues, teeth	Aids normal growth and development, restores tone and strength, aids digestion, aids bone and teeth formation	Anemic state of young girls, blood coagulation problems, blood poverty, imperfect circulation, bone weakness, rickets
CALC SULPH #3	Calcareo Sulphuricum (Sulphate of Lime)	Blood, skin	Blood purifier and healer that removes waste products from the blood	Pimples, sore throat, cold, all conditions arising from impurities in the blood
FERR PHOS #4	Ferrum phosphoricum (Phosphate of Iron)	Muscles, nerves, hair, crystalline lens, blood vessels, arteries, red blood cells	First-aid, oxygen carrier, supplementary remedy	Congestion, inflammatory pain, high temperature, quickened pulse, lack of red blood corpuscles
KALI MUR #5	Kali muriaticum (Chloride of Potash)	Muscles, blood, saliva	Treats burns, aids digestion, cleanses and purifies the blood	Sluggish conditions, catarrhs, sore throat, torpidity of the liver, white-colored tongue, light colored stools, cough, colds
KALI PHOS #6	Kali phosphoricum (Phosphate of Potash)	Muscles, nerves, skin	Nerve nutrient, aids breathing, contributes to a contented disposition, sharpens mental faculties	Nervous headaches, lack of pep, ill humor, skin ailments, nervous asthma, sleeplessness, depression, timidity, tantrums
KALI SULPH #7	Kali sulphuricum (Sulphate of Potash)	Skin, intestine, hair, stomach, tissue cells	Oxygen carrier, anti-friction, maintains hair, benefits perspiration and respiration	Boxed-in feeling, intestinal disorder, stomach catarrh, inflammatory conditions, eruptions on the skin and scalp with scaling, shifting pains
MAG PHOS #8	Magnesia phosphorica (Phosphate of Magnesia)	Muscles, nerves, bones	Anti-spasmodic, benefits the nervous system, helps ensure rhythmic movement of muscular tissue	Menstrual pains, stomach cramps, flatulence, neuralgia, neuritis, sciatica, headaches with darting stabs of pain, cramps, muscular twitching
NAT MUR #9	Natrum Muriaticum (Chloride of Soda)	Cartilage, mucous cells glands	Water distributor, aids nutrition and glandular activity, aids cell division and normal growth, aids digestion	Low spirits, headaches with constipation, thin and watery blood, heartburn, toothache, hay fever
NAT PHOS #10	Natrum Phosphoricum (Phosphate of Soda)	Nerves, muscles, joints, digestive organs	Acid neutralizer, aids in the assimilation of fats and other nutrients	Stiffness and swelling of the joints, acidic blood condition, rheumatism, lumbago, worms, golden-yellow coating at the root of the tongue
NAT SULPH #11	Natrum Sulphuricum (Sulphate of Soda)	Liver	Eliminates excess water, ensures adequate bile, removes poison-charged fluids, treats rheumatic ailments	Influenza, human asthma, malaria, liver ailments, brownish-green coating of the tongue, bitter taste in the mouth
SILICA #12	Silica Oxide (Pure Silica)	Connective tissues, skin, nerves	Cleanser and eliminator, initiates the healing process, insulator of the nerves, restores the activity of the skin	Smelly feet and arm pits, pus formation, abscesses, boils, styes, tonsillitis, brittle nails, stomach pains, diseases affecting bone surfaces, whitlows