

Course Outline

Cost: Level 1 - \$225.00 paid 30 days in advance

Level 2 - VI \$875 (\$175 applied to each remaining class)

The \$875.00 **must** reach me 30 days before the start of the Level 2 class

*Arrangements may be made to pay for each class one at a time if your situation requires it. The cost, paid for in this manner, will be \$225.00 for each class and payment **must** be made 30 day in advance of each Level.*

Level	Material Covered	Recommended Supplemental Materials
<p><i>(These classes build on each other and it is required that you take them in order; it is also advised that you stay with your own group, if possible, it really does make the classes much better for you)</i></p>	<p>Basic Kinesiology (Muscle Test) skills Introduction to Eastern Medical philosophies Checking and Balancing Meridians Analyzing an Issue by all of it's Aspects and organizing your work Energy Permission Basic Accupressure Points Balancing/repairing your internal energy system Simple techniques for removing 'stress' from life Establishing an optimum Daily Routine Tao Accupressure - for relief of aches, pains</p>	<p>It is required that you have a separate folder to act as a 'working book' by the end of class in Level II. You may observe mine for ideas on what you might want to purchase.</p>
<p>II (2 parts) Energy Herbals</p>	<p>Energy Lore and 'How the Energy System Works' Magnets, Electricity, the Body and Energy Dealing with sensitivity to chemicals, etc. etc. More 'balancing' techniques (I can't think of a good, but brief, way to describe it.) Allergy and Intolerance Corrections Vitamins, Minerals and Nutrition Sub-Clinical Malnutrition Basic Herbal Knowledge and Herbs as Nutrition A course in various categories of herbs and how to use them Herbal preparations (tinctures, salves, etc) and how to make them yourself Miscellaneous info I think you'll find useful</p>	<p>Handout - 'Making Herbal Medicines' Herbal booklet & Energy booklet is provided as part of the class materials</p>
<p>III (2 parts) Energy Essential Oils</p>	<p>Electricity, Electromagnetism and your health More advanced Psychological stress corrections Advanced techniques for correcting physical, emotional, etc. imbalances/problems Disposition Indexing - a very valuable skill Facts and benefits of essential oils Safety guidelines Methods of use Study of Essential Oils by various classifications Carrier and Base Oils Medicinal properties Essential Oils for Various Emotions Essential Oils and Energy Work Essential Oil Blends and Singles</p>	<p>Essential Oils Booklet & Energy booklet is provided as part of the class materials</p>

<p>IV</p> <p>Advanced Energy</p> <p>Basic Homeopathy</p> <p>Plan ahead for Level VI (book purchase)</p>	<p>The Mind</p> <p>Four Fundamental Beliefs-Energy and Alternative Pain, Scar and Phantom Sensations Corrections</p> <p>Meridian Tracing and Meridian Homeopathics</p> <p>Fears and Specific Theme Corrections</p> <p>Directing Energy - advanced healing techniques (my favorite and most used techniques)</p> <p>Ear Candling</p> <p>Thanksgiving and Gratitude as healing techniques</p> <p>Basic Homeopathic Philosophy</p> <p>How and When and Which Homeopathic to use</p> <p>Classical and 'Mixed' homeopathics (pros/cons)</p>	<p>Basic Homeopathy Booklet and Advanced Energy Booklet provided</p> <p>Book <i>The Complete Guide to Homeopathy</i> by Miranda Castro and the Flower Essence Repertory are recommended but not essential. I will have copies of both available for class use and for purchase.</p> <p>I will have homeopathics available for you to make a 'mother' of. Cost to you will be approximately the cost of the bottle to put it in and the label to put on it. If you plan to get serious about using homeopathics, this offer could save you several hundred dollars. I have a large collection of homeopathics! This offer is for those homeopathics made on class days only.</p>
<p>V</p> <p>EFT</p> <p>Constitutional Homeopathy</p>	<p>EFT (Emotional Freedom Training) is a very interesting - and simple - modality that can be used in a variety of ways.</p> <p>Constitutional Homeopathy can reach very deep levels of imbalances, both physically and emotionally. We will cover basic philosophy, study common remedies in some depth, get you started using them, and try to give you enough mastery and confidence to make you effective at using them. Mastering this modality will require some out-of-class effort and study on your part, but it will be well worth it. Muscle Testing skills that you can trust will make this <u>much</u> simpler for you!!</p>	<p>Necessary parts of the EFT manual will be provided as part of the class materials. (You may download the entire manual free at emofree.com, if you desire)</p> <p>Constitutional booklet also provided</p> <p>A Remedy Guide is essential to working with Constitutional homeopathics and you should get one if you possibly can. Courses I have taken in the past have absolutely required the purchase of one (and a few other books besides) just to be able to attend.</p> <p>I recommend the one by Robin Murphy. The cost is \$98.00 - occasionally you can find it on the web for slightly less.</p>
<p>VI</p> <p>Last bit of Energy Stuff</p> <p>Reflections</p>	<p>Part of this class will be spent doing work on Learning and Educational Issues (ADD, Dyslexia, etc.)</p> <p>Correcting for deep fears and phobias is also taught here as well as some other interesting miscellaneous trauma and emotional work.</p> <p>Reflections is based (in part and very loosely) on the <i>Wings</i> philosophy and incorporates most everything that I know and do, It is the final, advanced part of your course material.</p>	<p>Energy booklet and Reflections booklet provided</p>

These classes are designed to be taken in order. Skipping a class and then taking the following one will not be allowed. You may, if you insist, join another group, at your level, at a later date - if there is sufficient room in that group.

If a group falls below 6 scheduled attendees, the upcoming class(es) will be canceled and the group will be merged with a subsequent group. Try to stay with our own group - you will be glad you did.