LeInner Peace

Aids in staying focused and clear, particularly about the direction of one's life; harmony between yourself and others and between yourself and God; like LeBenediction, LeInner Peace protects the body and the mind from attack and depletion of our energy resources; increases oxygen around pineal and pituitary glands. Diffuse, wear on temples, neck, wrists, etc. Use with LeSanctuary, LeMillenia, and LeMagi.

Ingredients: Angelica, Cinnamon, Lavender, Frankincense, Palmarosa, Sandalwood, Spruce, Ylang Ylang, Rosewood, Balsam

Affinity for: emotional balance; heart chakra

Aromatic Considerations: helps to collect thoughts; connect the heart and mind in harmony

Application: Apply on the forehead from right temple across to left temple, thymus, chest, heart, excellent massage oil if in a positive emotional state; in the tub; or as a perfume or cologne.**Resonance:** physical and emotional

Cautions: Wear with caution when angry or caught in negative emotions as this oil acts as an amplifier - may amplify negative emotions as well as positive. Helpful, and sometimes necessary, to use LeSanctuary or another of your favorite emotional blends before using LeInner Peace.

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