

# **CRANIAL SACRAL THERAPY**

(therapist and instructor)

# **POSITIONAL RELEASE THERAPY**

(therapist and instructor)

# **APPLIED BIOMECHANICS**

(energy modality-one of two certified instructors in world)

# **POLARITY THERAPY**

(energy modality-therapist and instructor)

# **VISCERAL MANIPULATION**

(French Osteopathic technique)

# **LYMPHATIC DRAINAGE**