

First Response Kit

Be prepared for any crisis with this First Response Kit! This kit helps treat shock, flu, diarrhea, cuts, headaches, colds, bronchitis, pneumonia, respiratory congestion, allergy symptoms, pain, coughs, burns, and convulsions brought on by fever. This kit is great to take with you everywhere you go.

LeAspire

Dilute LeAspire, place on chest and neck for respiratory ailments. LeAspire is used to open the airways and relieve the congestion in the lungs. It is used to bring relief from colds, bronchitis, pneumonia, sinusitis, respiratory congestion, allergy symptoms, deep pneumonia, pleurisy, asthma, and flu that have settled in the lungs. LeAspire also has the ability to dissolve bone spurs using Arnica as the carrier oil. LeAspire can be applied alternately with LeBreezey. Although the oils in LeAspire are quite effective against infectious agents, LeDeliverance, which is strongly antiviral and antibacterial, is often applied simultaneously to aid in the fight against infection.

LeMillenia

LeMillenia is described as "Chiropractor in a bottle". Place anywhere on the body. It aligns physical structures, electrical energies of the body, balances every meridian, and energizes every chakra. It maintains the integrity of the connective tissues that wrap, connect, and protect every organ and balances the emotions connected to each organ. LeMillenia balances the moisture and fluid levels in the body. Use with LeTranquility for ADHD and hyperactivity. Diffused, LeMillenia builds courage, confidence, and self-esteem while being calming and relaxing at the same time.

Lavender

Lavender can be used for nearly all skin conditions. It can be applied to cuts, sunburns, burns, rashes, dermatitis, eczema, and insect bites. Consistent use of lavender with burns and injuries minimizes scarring. It is effective for muscle strains and sprains, cramps, and wound healing. Lavender can bring relief from anxiety, panic, hysteria, emotional and mental fatigue, headaches, migraines, and insomnia. It gives us the feeling of total and unchanging support around us. Lavender promotes faith, even in the hard times. Helps us move from judgement to kindness and generosity.

Rescue Remedy (BRCESCUEREMX4)

Great for shock and trauma. Rescue Remedy is most effective when used on the occasion of any particular stress, trauma, or emergency. It is formulated to help a person cope with extreme circumstances and can be helpful when dealing with physical and emotional aspects of shock. Brings immediate calm and helps deal with pain. Often used in energy work. Rescue Remedy is a wonderful resource for anyone who is upset or frightened. Rescue Remedy is most often taken internally. Simply place a few drops under the tongue. Do not eat anything for a few minutes before and after. You can add to a water bottle and sip all day. Add drops to a bath, spritz around the home for a calmer environment, or simply rub on the skin.

LeDeliverance

LeDeliverance is used for respiratory infections, sore throats, strep throats, dental diseases and infections, cold sores, canker sores, cuts, general infections, athlete's foot, toenail fungus, and infection from slivers. Apply faithfully, undiluted, for warts (this takes a little time). LeDeliverance can be used, diluted, or diffused, in the home as a cleaner and air purifier to fight viruses and airborne bacteria. Frequent and consistent use of LeDeliverance strengthens the immune system and helps the lymph system to drain.

LePaine

Dilute and apply LePaine to the area where the pain is located. It promotes quicker healing by bringing oxygen to the injured area and increasing circulation. LePaine is anti-inflammatory, antispasmodic, and calming to nerves. LePaine can be used for sciatica, bone pain, arthritis, sports injuries, muscle spasms, torn ligaments, headaches, osteoporosis, bone spurs, bursitis, back pain, and bruising. It is useful as a muscle relaxant and a respiratory oil. Use LePaine in the tub or shower for pain relief or muscle relaxation, use no more than 2 or 3 drops. LePaine is often used in layers with LeWarmDown, LeTendaCare, LeDeeper, and LeMillenia. It should be layered with LePatches if you suspect tendon or ligament damage.

Bioplasma (BBCIOPLASX4)

Bioplasma coagulates the blood in a serious, deep cut where bleeding is profuse. Bioplasma stimulates the body to uptake and utilize trace minerals. It stabilizes nerves and nerve tissue and promotes healing in any type of wound or injury. Great for fatigue, colds, nervous tension, bleeding, and headaches. Place a few drops under the tongue. Do not eat before or after for a few minutes. You can add to a water bottle and sip all day. Add drops to a bath or simply rub on the skin.

Diarrhea #1 (BDCIARRH1X9)

Diarrhea #1 is useful for intestinal distress such as diarrhea or cramping pains in the bowel brought on by the flu, food poisoning, or when you have eaten something that disagrees with your digestive system. Take a few drops by mouth of Diarrhea #1 at the first sign of bowel cramping or a loose stool. Take a few more drops after the next loose stool or if cramping persists, up to 5-6 times per day. Stop using when symptoms improve.

Flu Symptoms #1 (BFCLUSYMP1X9)

Flu Symptoms #1 is excellent for flu-like nausea or vomiting, and also for nausea brought on by nervousness or anxiousness, making it really helpful for dealing with stage fright and performance anxiety. Take internally at the first sign of nausea or after vomiting. Take ONLY when nauseated. May take frequently as long as nausea and/or vomiting continue, but stop using when symptoms improve.

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Coconut Oil

Coconut oil is odorless and colorless. It absorbs readily into the skin, leaving no residue. It doesn't stain clothing and easily washes out of clothing and bedding. Coconut oil is an excellent skin moisturizer; rarely aggravates existing skin problems such as fungal or bacterial infections and does not clog pores. It leaves the skin feeling smooth but not greasy. Coconut oil has almost no aroma at all and has the added advantage of a long shelf life at room temperature without rancidity. Coconut oil is considered one of the best carrier oils.

RC-L

Formerly Red Clover Combination with Lomatium. The Lomatium makes this recipe very effective. RC-L is for bacterial or viral stomach flu, pneumonia, bronchitis, etc. RC-L is a most effective infection fighting formula. This combination is a particularly potent blood cleanser, and is very good at keeping a localized infection from spreading and growing.

Miracle Salve

Miracle salve is incredibly healing. Herbal salves are wonderful things! They are convenient to use and very powerful. Miracle Salve is useful for burns (everything from sunburns to very serious burns), cuts/wounds (it will help it heal as well as preventing/fighting infection and minimizing scar tissue), rashes, dry or cracked skin, and just about anything else you can think of. You can use it by itself, or use it as a carrier oil to apply your essential oils.

BBL

A few drops of BBL at bedtime can help you relax into sleep. Use 20-40 drops in the tub for relaxation and pain relief. For convulsions brought on by fever, put at least 2 dropperfuls in a tub of tepid (lukewarm) water and get in tub. BBL is useful for coughs, bronchitis, asthma conditions, insomnia, headaches (place on back of head at base), and the onset of colds. BBL is good for healing nerves.

IF

Formerly Infection Fighter. IF is a very effective all-purpose infection fighting formula. It may be used for any type of infection—infected injuries, sore throats, ear infections, colds and flus, and anything else that you can think of. Add Yarrow/Usnea or SS tincture if strep or staph is suspected. FN tincture should be added if there is any chance the problem is fungal.

WC

Formerly Wild Cherry Cough Syrup. WC is an excellent cough and expectorant formula. It is more effective when given in frequent small doses—1/2 to 1 teaspoon, depending on the age of the patient, than in 2 or 3 larger doses. WC will liquefy mucous in the throat, lungs, and sinuses. This allows the body to either internalize it or expectorate it according to need. WC is very effective at quieting a dry, hacking cough where the throat is irritated but there is no mucous needing to be expelled.