

Labor & Delivery Kit

A wonderful kit for expectant mothers. Ready for your baby? This kit will help you get that way! It contains everything you need for a smooth easier delivery. Great for pain relief, helping dilation, relaxing muscles, relieving stress, and tension. Bonding with your new bundle of joy and helping to make the transition into the world a less scary experience for your little one. Feel more relaxed knowing that you have everything all together in one easy kit. It is great for the days that follow birth as well, helping you recover faster so you can enjoy your new baby. Great as a gift too! Makes your delivery faster, easier, more relaxed, and more personal to you!

LeMillenia

In the final 3 weeks before term—dilute and apply LeMillenia over the abdomen and back, but not during the labor itself. LeMillenia, during labor will keep the cervix from opening and even cause it to close to quite an extent. LeMillenia will tighten the uterus and cervix, realign everything structurally and energetically. It causes the uterus to fold and return rapidly to a pre-pregnant state. This is the best way to deal with any excess bleeding.

LeTranquility

The aroma of LeTranquility has been known to reduce or eliminate panic attacks and other anxiety based disorders. LeTranquility can help us develop inner strength, patience, understanding, and confidence. LeTranquility promotes relaxation, relieves anxiety, stress, tension, and depression. LeTranquility can be used as a perfume or cologne. This blend can be placed anywhere on the body.

Clary Sage

USE WITH EXTREME CAUTION BEFORE LABOR and NOT RECOMMENDED FOR CHILDREN. Clary Sage in early labor aids in cervical dilation. Dilute and apply to the ankles, bottom of the feet, or abdomen. Can diffuse or sniff. The emotional actions of clary sage are explained by the balance it establishes between stimulation and relaxation (yang and yin). Clary sage calms tension, nervousness, and hypersensitivity, yet revives and revitalizes us when we are fatigued.

Fennel

NOT TO BE USED BEFORE LABOR! Fennel should not be used on babies or very small children because it helps balance hormones! Fennel in early labor is used for pain relief. Dilute and apply to appropriate areas of the feet, on the abdomen, and lower back. Fennel can help when we are feeling overwhelmed by our responsibilities and workload.

Marjoram

Marjoram should be used sparingly during pregnancy. In early labor marjoram relaxes muscles, easing the pain of contractions and allowing them to work more efficiently. Dilute and apply, usually to the ankle, the bottoms of the feet, or the abdomen. They may also be diffused or sniffed for a moment or two. Marjoram is quieting to obsessive worry where negative thoughts circle repetitively in the brain hour after hour. The aroma of marjoram oil can eliminate feelings of loneliness or persecution, replacing them with feelings of security and even some compassion for others.

LeTomorrow

LeTomorrow should be diffused for the calm atmosphere that it creates. This blend creates feelings of joy, peace, and forgiveness. It helps us maintain emotional stability. LeTomorrow brings the focus from the past to a happy anticipation of the potential of the future. LeTomorrow can be applied over the heart chakra, on the wrists, behind the ears, or on the neck. This blend, mixed with a carrier oil makes an excellent massage oil. It can be diffused or worn as a perfume.

LeUnity

LeUnity promotes harmony within ourselves, with others around us, and with our Creator. It helps us work with others in a relationship of cooperation, patience, and tolerance. This is the greatest essential oil product I know of for fostering a sense of physical and mental well-being. It can rid us of stubbornness, anger, judgement, and jealousy. Frequent use can promote unity among family members.

Dong Quai

Dong Quai's aroma is outstanding for dealing with anxiety and irritability. It has been used in Chinese Medicine, in all forms, as a general woman's tonic. Dong Quai is known as the "female ginseng." It has the ability to both stimulate and relax the uterine muscle as needed. The aroma can sometimes help with hormone related headaches. Diffuse; inhale the aroma; although thick and dark can be diluted and applied to the body if desired!

Geranium

Geranium, in early labor, stimulates circulation, eases breathing, regulates pulse and blood pressure. Dilute and apply, usually to the ankle, the bottoms of the feet, or the abdomen. It may also be diffused or sniffed for a moment or two. Geranium helps with those negative patterns that need to be swept away in spite of the desire to hang on to them. It is a good oil for nervous fatigue where the body is exhausted but the mind just won't let the body sit and rest. Geranium is a potent oil for those whose moods are up one minute and down the next.

Nutmeg

Used in early labor, nutmeg supports adrenals & the nervous system, helping with fatigue and blood sugar levels. It seems to lift the weight of the world off our shoulders, letting us rise above situations and challenges. Nutmeg must be used with extreme caution. If overused or diffused for too long a period of time, nutmeg has been known to cause confusion, delirium, or even convulsions. It can overstimulate the heart and cardiovascular system if used too frequently or too long. It should be used with extreme caution, or not at all, during pregnancy and never if epileptic. ALWAYS dilute well!

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Yarrow Blue

Reasonable caution should be taken during pregnancy for yarrow blue. Yarrow is one of the truly great healing oils! Applied topically to a cut, even a very deep one, yarrow will pull the edges together and help the cut to heal almost miraculously. The anti-inflammatory properties of yarrow are effective whether the inflammation is in the uterus or ovaries, or anywhere else. Yarrow is applied without a carrier oil to close a wound. It should be diluted for other applications.

Bioplasma (BBCIOPLASX4)

Bioplasma coagulates the blood in a serious, deep cut where bleeding is profuse. It is nearly miraculous in its ability to stop a hemorrhage in women. Bioplasma stimulates the body to uptake and utilize trace minerals. It stabilizes nerves and nerve tissue and promotes healing in any type of wound or injury. Great for fatigue, colds, nervous tension, bleeding, and headaches. Place a few drops under the tongue. Do not eat before or after for a few minutes. You can add to a water bottle and sip all day. Add drops to a bath or simply rub on the skin.

ABF

Formerly Afterbirth Formula. To be used for the pain of after-birth contractions. This is an amazing effective formula. The St. John's Wort cleanses the uterus, removing any last tiny pieces of placenta, while lifting the mood and helping the mother avoid postpartum depression. The Yarrow helps to control unnecessary bleeding and the other herbs are for pain relief while, at the same time, assuring that the uterus folds down properly (and stays folded).

LS

Formerly Labor Stimulator. LS is meant to stimulate a labor that has stalled out or is progressing abnormally slow. Using Lobelia/Cayenne at the same time is particularly effective. This formula does not induce labor. Attempting to use it in this way will most likely only make you even more uncomfortable for a time and you will end up continuing to wait anyway. If this formula seemed to work for someone to start labor, it was because everything was ready and labor would have started in a few hours on its own anyway.

Ylang Complete

Ylang Complete is used for hemorrhaging; dilute and rub on the abdomen to cause the uterus to clamp down. As Ylang Complete's hormonal properties work in conjunction with its nervine properties it becomes exceptionally effective for depression, irritability, anxiety, rapid breathing, heart palpitations, high blood pressure, hypertension, nervous tension, physical and mental exhaustion, nervousness, and insomnia.

Rescue Remedy (BRCESCUEREMX4)

Great for shock and trauma. Rescue Remedy is most effective when used on the occasion of any particular stress, trauma, or emergency. It is formulated to help a person cope with extreme circumstances and can be helpful when dealing with physical and emotional aspects of shock. Brings immediate calm and helps deal with pain. Often used in energy work. Rescue Remedy is most often taken internally. Simply place a few drops under the tongue. Do not eat anything for a few minutes before and after. You can add to a water bottle and sip all day. Add drops to a bath, spritz around the home for a calmer environment, or simply rub on the skin.

Cayenne

Cayenne's action on the cardiovascular system is almost instantaneous. Cayenne brings the blood, especially the clotting factors, into a state of homeostasis, making it effective for hemorrhage as well as poor circulation. Cayenne will stop bleeding, even of hemorrhage proportions. Cayenne is about as close to a cure-all herb as there is in nature.

Arnica

Arnica oil is used with amazing result for injuries where bruising, swelling, and/or inflammation are present. Arnica oil is said to cause swelling in exposed muscle tissue, so it is not used on open wounds or deep abrasions except in homeopathic form. Arnica is one of my favorite healing plants and should be in every first aid kit! Applying arnica oil immediately after the injury can prevent swelling; application later on can reduce swelling that has already occurred. External use only! Do not put on open cuts or deep scrapes.