

# Sound Blessed Water Kit

Sound remedies have a strong impact on people who have become stuck in some aspect of their lives. They shift energy, allowing us to think about the direction of our lives in more clear and focused ways. Sound remedies act most strongly on the astral body. The astral body is responsible for our desires and aversions, and our mental processes. As the channel for our thinking, the astral layer of our energy, has a profound effect on our souls and our spiritual lives. Sound remedies produce almost instant and immediate reactions. Because of this, sound remedies have been kept at very low potencies. At these low potencies, the effects of the remedies do not last long and dosages must be repeated to produce long-term results. Used properly, these remedies work deeply.

## **A** *PITUITARY*

A should be used when intuition and good judgment seems to be lacking, when the thinking processes have become muddled and unclear, and when the mind seems to have become closed to new ideas and methods. A is predominantly concerned with congestion to the head and inflammation or other problems with the eyes, ears, and nose. It makes a good calmative remedy for anxiousness and insomnia. It may relieve migraine headaches and headaches brought on by eye strain. A is useful in reducing high fevers.

## **Middle C** *ADRENAL CORTEX*

Middle C is for feelings of being disconnected from or unaccepted by home, family, or community. A remedy for chronic depression, suicidal thoughts or tendencies, prolonged grief, and any inability to cope with a move, a job change, or the loss of a relationship. Middle C is good for finding and following a purpose in life. It helps with organizational skills. Helpful with pain and irritation in joints and ligaments, of feet, ankles, knees and hips. Middle C is good for bowel, rectal, circulatory problems, varicose veins, and autoimmune imbalances. Helps in childbirth and postpartum care.

## **E** *PANCREAS*

E is used when we feel afraid, unsettled, or angry. Our minds may feel fuzzy and frazzled, and we lack resilience and inner strength. E strengthens our sense of independence and personal power. E is a mild, general diuretic. E is of benefit to each of the organs of the body, but particularly to the liver, gall-bladder, stomach, pancreas, pulmonary and respiratory organs. E has an impact on problems in the right eye.

## **G** *THYROID*

G is used for those who struggle with tendencies to gossip, exaggerate, or even tell lies. G is of benefit for those who are timid and shy in their communications. G helps with sore throats, tired or strained vocal cords, and pain in the neck or shoulders. G is useful in programs to stop smoking, drinking, or overeating.

## **The Chord**

The Chord acts on tension, fatigue, exhaustion, and burnout. The Chord is particularly effective with chronic illness and pervasive discouragement. Any physical symptom that is evidence of overwork and exhaustion may be ameliorated by this remedy. The Chord is specific to lack of vitality from overwork, illness, or substance abuse.

## **B** *PINEAL*

B acts on the pineal gland, causing an increase in understanding and intuition, clearing our perceptions, and fostering appreciation of life while, at the same time, tempering ego and quelling prejudice and narrow-mindedness. B acts as a tonic to the nerves. B has been of value in the treatment of liver conditions, jaundice, and nausea. It acts as an antiseptic in the cleaning of wounds and seems to speed healing. B has an impact on problems in the left eye.

## **D** *OVARIES AND TESTES*

D addresses the polar opposites of the attitudes of poverty consciousness or an abundance mentality. It develops and maintains the attitude that there is enough for everybody. D is used for depression and states of very low energy brought on by depression and relieves feelings of despair. D aids in sexual dysfunctions of both sexes, PMS and other menstrual difficulties. It seems to have an affinity for the digestive system, the urinary tract, and the immune system. D is of value for allergies, constipation, eating disorders, and autoimmune disorders.

## **F** *THYMUS*

F aids us in our relationships with family, friends, and community members by giving us clarity about their intentions and feelings towards us. F can bring a resolution of conflicts within us, and help us move forward with enthusiasm and peace. F has an effect on the fluid levels in the cells of the body, acting as a diuretic throughout the tissues. This effect is most pronounced in cases of pulmonary or cardiac based edema. F is considered regulating and toning to the entire cardio/pulmonary system. F is a very calming remedy.

## **High C** *PINEAL*

High C helps with feelings of unworthiness and self-doubt. It can open us to receive love, happiness, health, and prosperity. High C can increase our insight and creativity, make us more open to change and growth, and increase the joy and enjoyment we find in life. High C acts as a general tonic and can increase physical energy levels, focus the mind, and improve the memory.

*For more information on Sound remedies please refer to*  
**Butterfly Miracles with Homeopathic Remedies I**  
*by LaRee Westover*